

What's on in Halton Autumn 1 2025

ADDvanced Solutions Community Network



ADDvanced Solutions
Community Network
Supporting you to find the answers

ADDvanced Solutions Community Network is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. **No diagnosis or referral is needed to access the offer.**

Halton Community Network Group

The face-to-face Halton Community Network Group is an informal, open access learning opportunity to seek advice and support around challenges at all stages of your journey. **No need to book, just come along**, to meet the team and visiting professionals.

Day: Monday

Time: 12:30pm – 2:30pm

Venue: **Ditton Community Centre**,
Dundalk Rd, Widnes, WA8 8DF



Monday afternoons 12:30pm – 2:30pm

No need to book – just drop in!

8th September	Identifying Problems, Finding Solutions
15th September	Communicating with your Child
22nd September	Sensory Processing Difficulties
29th September	Supporting Organisational Skills
6th October	Choosing a School
13th October	Zones of Regulation
20th October	Autism with a Demand Avoidant Profile (PDA)

Online Community Network Groups

An informal, online opportunity to seek advice and get support around challenges at all stages of your journey.

Monday mornings 9.30am – 11.00am

[Click here to register](#)

8th September	Identifying Problems, Finding Solutions
15th September	Puberty and Neurodiversity
22nd September	Supporting Organisational Skills
29th September	Autism and Girls
6th October	Choosing a School
13th October	Encouraging Independence
20th October	Communicating with your Child

Wednesday afternoons 5.00pm – 6.30pm

[Click here to register](#)

10th September	Identifying Problems, Finding Solutions
17th September	Introduction to Autism
24th September	Choosing a School
1st October	Difficulties Attending School
8th October	Puberty and Neurodiversity
15th October	Zones of Regulation
22nd October	Encouraging Independence

Neurodevelopmental Conditions Learning Programme – Face-to-Face

This three session programme will run during the daytime. The sessions equip parents and carers with:

- **A greater understanding of Neurodevelopmental Conditions – including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.**
- **Practical strategies to manage everyday challenges and behaviours – including sleep, toileting and eating.**
- **Knowledge around your Local Offer, disability welfare rights and SEND, Early Help and EHCPs.**

Please contact us to register your interest for our next available face-to-face Neurodevelopmental Conditions Learning Programme in Halton.

Neurodevelopmental Conditions Learning Programme – Online

An online, evening alternative to the face-to-face learning programme. The programme is delivered as a webinar, with the ability to engage with the facilitator and other parents/carers through the Q&A and chat.

Day: Tuesday

Time: 6:30pm – 8:30pm

Venue: Online via Zoom

**Tuesday evenings for six weeks
6:30pm – 8:30pm**

[Click here to register](#)

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Tuesday 9 th September	Tuesday 16 th September	Tuesday 23 rd September	Tuesday 30 th September	Tuesday 7 th October	Tuesday 14 th October

Online Learning Workshop – Sleep Difficulties

Online Learning Workshops are designed to help parent/carers understand and learn more in-depth about a specific topic relating to neurodevelopmental conditions. This half term's topic will be **Sleep Difficulties**:

Sleep can be a challenge for neurodivergent children and young people, which can have an impact on their day-to-day life and wider family. During this webinar, our sleep practitioners will identify the difficulties that neurodivergent children and young people experience which can impact bed time and sleep. We will also explore what a good bedtime routine looks like, incorporating sleep hygiene, whilst providing advice and strategies for common challenges.

Day: Friday

Time: 9:30am – 12:00pm

Venue: Online via Zoom

Supporting Sleep Difficulties

**Friday 26th September
9:30am – 12:00pm**

[Click here to register](#)

Neurodevelopmental Conditions Awareness Raising Training for Professionals

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families.

Contact us for further information about our next training for professionals.

Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Our online offer is delivered by Zoom for Healthcare, you will need to have a free Zoom account to register. The details we request when you register are kept securely and used in line with our privacy policy: <https://www.addvancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf>



Get in touch with us



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