What's on in Halton

Summer 1 Half Term 2025



ADDvanced Solutions Community Network Supporting you to find the answers



ADDvanced Solutions Community Network

is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Halton families. No diagnosis or referral is needed to access the offer.



Halton Community Network Group: Every Monday morning during term time

An informal, open access learning opportunity to seek advice and support around challenges at all stages of your journey. No need to book, just come along, to meet the team and visiting professionals.

Time: 12:30pm - 2:30pm

Venue: Ditton Community Centre

Dundalk Road, Widnes, WA8 8DF.

You can reach the centre via public transport, such as the 26 bus from Widnes Shopping Park or 79C and 82A from Runcorn High Street.



Topics this half term:

Monday 21 st April	Bank Holiday	
Monday 28 th April	In partnership with Mako Create	
Monday 5 th May	Bank Holiday	
Monday 12 th May	In partnership with SENDIASS	
Monday 19th May	Attachment and Neurodivergence	



Online Learning Opportunities

We offer several opportunities for parents and carers to access our offer online if this is your preference. Weekly Community Network Groups, termly workshops and also our Learning Programmes are delivered in a webinar format via Zoom for Healthcare. Please register in advance to attend.



View our online calendar here or via the QR code

ONLINE COMMUNITY NETWORK GROUP Monday mornings 9.30am - 11.00am		ONLINE COMMUNITY NETWORK GROUP Wednesday evenings 5.00pm - 6.30pm	
Monday 21 st April	Bank Holiday	Wednesday 23 rd April	Attachment and Neurodivergence Exploring the similarities and overlap of attachment theory and neurodivergence
Monday 28 th April	Attachment and Neurodivergence Exploring the similarities and overlap of attachment theory and neurodivergence	Wednesday 30 th April	Troubleshooting Homework
Monday 5 th May	Bank Holiday	Wednesday 7 th May	Sharing a Diagnosis
Monday 12 th May	Zones of Regulation Supporting children and young people to be more aware of their emotional state	Wednesday 14 th May	Understanding Echolalia Exploring repetitive and unusual patterns of speech.
Monday 19 th May	Understanding Echolalia Exploring repetitive and unusual patterns of speech.	Wednesday 21 st May	Benefits Exploring DLA, PIP, and other benefits which may be available to neurodivergent children and young people.

Online 'Supporting Sleep Difficulties' Workshop

An extended webinar workshop, exploring aspects of neurodivergence that can contribute to difficulties with sleep for children and young people and what we can do to support better sleep.

Friday 2nd May - 9.30am - 12.00pm

Click here to register



Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand.

Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.



Learning Programmes for Sefton parents and carers

We offer learning programmes in Halton to support parents and carers to understand and meet the needs of their neurodivergent children and young people, pre, during and post diagnosis.



<u>View our online calendar here or via the QR code to find the</u> <u>latest available dates</u>



Neurodevelopmental Conditions Learning Programme

This programme equips parents and carers with a greater understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and equips them with practical strategies that support the difficulties that may present, including:

- Neurodevelopmental Conditions including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.
- Managing everyday challenges and behaviours including sleep, toileting and eating difficulties.
- Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.

No referral or diagnosis is needed

<u>Click here for latest dates to attend face to face or online</u>

Professionals Neurodevelopmental Conditions Awareness Raising Training

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- Understand the differences between and the typical behaviours of ADHD, Autism, and other NDCs
- Recognise the impact that unsupported and unmanaged NDCs can have on an individual and their family
- Understand the impact that sensory processing difficulties can have on children and young people
- Identify local support available for professionals, children, young people and their families.

Find out more about our offer for professionals

ADDvanced Solutions Community Network is commissioned to deliver a limited number of Neurodevelopmental Conditions Professional Awareness Raising Training. If you are interested in this full day's training, please call the office on 0151 486 1788 or email <u>info@addvancedsolutions.co.uk</u>.



Seeking Crisis Support?



ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, please see our **urgent support page**. The details we request when you register are kept securely and used in line with our privacy policy: <u>https://www.addvancedsolutions.co.uk/wp-</u> <u>content/uploads/2025/04/Privacy-Policy.pdf</u>

Get in touch with us

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